

# A Day with the Paraclete

Bruce Steele



Breathe into me, Holy Spirit,  
As I wake today.  
Help me,  
Encourage me,  
Love me,  
And send me on my way.

Breathe into me, Holy Spirit,  
When I am tired today.  
Comfort me,  
Heal me,  
Strengthen me,  
And light me on my way.

Breathe into me, Holy Spirit,  
As I work today.  
Calm me,  
Cheer me,  
Counsel me,  
And guide me on my way.

Breathe into me, Holy Spirit,  
When I sleep today.  
Cover me,  
Rock me,  
Shelter me,  
And guard me on my way.

Breathe into me, Holy Spirit,  
If I sin today.  
Pardon me,  
Teach me,  
Restore me,  
And keep me on my way.

Breath into me, Holy Spirit,  
If I die today.  
Change me,  
Receive me,  
Take me,  
Rejoicing, on your way.

Geraldine Mcfarlane (1936-2011)

*This poem has been set as a hymn with the permission of the Mcfarlane family to whom I am grateful. B.S.*